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### Core-Collapse Supernovae & Gravitational Waves Part I: Theory & Modelling



Australian Government

Australian Research Council

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First IGWN Symposium on Core Collapse Supernova Gravitational Wave Theory and Detection

## The Task

"to convey the necessary fundamentals in each case, the current state of the art and its achievements and shortcomings, and the progress needed to reach our common goal: to prepare for the next Galactic core collapse supernova, for both detection and discovery."

The following references may do more justice to this task than I can in 90 min:

- Mueller 2020, Hydrodynamics of core-collapse supernovae and their progenitors, LRCA 6, 3
- Mezzacappa et al. 2020, Physical, numerical, and computational challenges of modeling neutrino transport in core-collapse supernovae, LRCA 6, 4
- Janka 2017. Neutrino-Driven Explosions (Handbook of Supernovae)
- Müller 2025. Supernova Simulations (New Frontiers in GRMHD Simulations) – focus on MHD
- Abdikamalov et al. 2021. Gravitational Waves from Core-Collapse Supernovae (Handbook of Gravitational Wave Astronomy)



# Collapse and Bounce

- Deleptonisation and photodisintegration trigger collapse on free-fall time
- Effective Chandrasekhar mass M<sub>ch</sub> ≈ 5.8Y<sub>e</sub><sup>2</sup> M<sub>☉</sub> shrinks due to deleptonisation
- Neutrino trapping at ~5×10<sup>11</sup>g cm<sup>-3</sup>
- Bounce of inner core, shock formation and stalling



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Collapse and bounce relatively **uniform across progenitors**, but dependent on **rotation**, **equation of state** and **neutrino rates** 

## Immediate Post-bounce Phase

- "Ringing" of deformed core
- Prompt convective overturn due to weakening of shock and neutrino losses
- Accretion shock driven out to ~150km over tens of ms

 $\rightarrow$  quasi-stationary structure emerges



### **Shock Propagation**



### Supernova Core Structure During Accretion Phase



## Neutrino Heating and Cooling



For larger *r* neutrino absorption/emission is slow and the accreted mater undergoes *almost* adiabatic contraction, resulting in a stratification

$$T\propto r^{-1}, \quad \rho\propto r^{-3}, \quad P\propto r^{-4}.$$

The resulting charged-current heating and cooling rates  $(\nu_e + n \rightleftharpoons e^- + p, \bar{\nu}_e + p \rightleftharpoons e^+ + n)$  scale as

$$egin{array}{lll} \dot{q}_{
m heat} & \propto & rac{L_
u \langle E_
u^2 
angle}{4\pi f r^2} \propto r^{-2} \ \dot{q}_{
m cool} & \propto & T^{-6} \propto r^{-6} \end{array}$$

Time evolution of neutrino luminosities and mean energies,  $15 M_{\odot}$  star.

As the cooling rate decreases faster with radius, a region of net heating (*gain region*) eventually develops.

### **Explosions Conditions**



## **Explosion Conditions**

How much neutrino heating is necessary to instigate an explosive runaway? A rough estimate is furnished by the comparison of two time-scales:

- the advection time-scale  $\tau_{adv}$  (average time spent in the gain region by accreted matter)
- the heating time-scale  $\tau_{heat} = E_{bind,gain}/Q_{heat}$  required to inject the binding energy  $E_{bind,gain}$  into the gain region for a volume-integrated heating rate  $Q_{heat}$

•  $\tau_{adv}/\tau_{heat} \gtrsim 1$ : gain region expands and pushes the shock out Using the Rankine-Hugoniot jump conditions at the shock, balance between heating and cooling at the gain radius  $R_{gain}$ , spherical symmetry, and a few other approximations, one can translate this into a condition on the neutrino luminosities and mean energies:

$$rac{ au_{adv}}{ au_{heat}} \propto rac{(L_
u \langle E_
u 
angle^2)^{5/3} R_{gain}^{2/3}}{\dot{M}M}$$

Janka (2000); Mueller & Janka (2015)

### Impact of Progenitor Structure on Post-Bounce Phase

• Density profile  $\rho(\mathbf{r}) \rightarrow \text{accretion}$ rate after collapse phase

$$\dot{M} \approx \frac{2m}{t_{\text{infall}}} \frac{\rho}{\bar{\rho}} \approx \frac{8\pi}{3} \sqrt{3\,Gm\,r^3}$$

- Accretion rate *also* influences neutrino emission
- Jumps in accretion rate due to she interfaces in progenitor (especially Si/O interface) often important for dynamics & explodability
- Popular explodability parameters like compactness (O'Connor & Ott 2011) reflect this:

$$\xi_M = \frac{M/M_{\odot}}{R/1000 \text{ km}}$$



## Structure of Supernova Core: Hydrodynamics Instabilities



## **Neutrino-Driven Convection**

 Heating in gain region results in an *entropy increase* as material is advected to the gain radius:

$$\frac{\mathrm{d}s}{\mathrm{d}r} < 0$$

- We can think of convection as a heat engine: heating →P dV work →kinetic energy →turbulent dissipation.
- In the non-linear phase energy input and dissipation balance each other, and the convective velocities reaches about (Müller & Janka 2015):

$$v_{
m conv} \sim \left(\dot{q}_{
m heat} (R_{
m sh} - R_{
m gain})^{1/3}
ight)$$

Importance of convection realized since the 1990s (Herant et al. 1994; Burrows et al., 1995; Janka and Muller 1995)



# Standing Accretion Shock Instability



- Standing accretion shock instability" can grow even without convective instability (Blondin & Mezzacappa 2003)
- Mediated by a feedback loop of vorticity and acoustic waves between shock and neutron star surface (e.g. Guilet & Foglizzo 2012)
- Low-l instability: dipole and quadrupole mode dominate
- Oscillatory instability: regular periodicity during linear phase.
- Requires sufficiently small unstable gradient (χ<3)</li>
- Saturation by parasitic instabilities will lead to velocity perturbations δv~ln Q |v<sub>r</sub>|

#### Interaction of Instabilities and Neutrino Heating

- Turbulent "pressure", turbulent viscosity, mixing, etc. modify quasihydrostatic structure of gain region & enlarge shock radius (Murphy et al. 2012 & others)
- Heating in larger volume  $\rightarrow$  reduction of critical luminosity
- Reduction depends on average "turbulent Mach number" (Müller & Janka 2015) and is ~25% in 2D/3D compared to 1D



### Perturbation-aided explosions



- Pre-collapse perturbations from O, Ne or Si shell burning often dynamically relevant (Couch et al. '15, Mueller et al. '15, '17)
- Subsonic convective motions Ma~0.1 translate into sizeable density and ram-pressure perturbations and lower critical luminosity:

$$\frac{\Delta L_{\text{crit}}}{L_{\text{crit}}} \sim \frac{(2...4) \times \text{Ma}_{\text{prog}}}{\ell}$$

### **Proto-Neutron Star Convection**



Turbulence spectra in PNS convection zone

- Energy and lepton-number losses from PNS surface drive convection in the mantle
- Steady-state flow involves delicate interplay of entropy and lepton number gradients and convective and diffusive transport
- Low-mode lepton-number asymmetry (LESA, Tamborra et al. '14) can be present
- Indirect effect on gain region i) via the PNS radius and ii) modest effect on neutrino emission





Powell & Mueller (2019)

Electron fraction

# Magnetic Fields

Post-collapse amplification usually critical to impact dynamics:

- Without rotation: Turbulent dynamo (up to ~40% of kinetic equipartition, Mueller & Varma 2020)
- With rotation:
  - Magnetorotational instability for fast amplification (→ difficult to resolve) with expected saturation fields of order (Akiyama et al. 2003):

$$B^2 \sim 4\pi\rho r^2 \omega^2 \frac{d\ln\omega}{d\ln r}$$

- $\alpha$ - $\Omega$  dynamo or other processes in PNS (Raynaud et al. 2020...)
- But initial fields may still be high enough (>10<sup>10</sup>G in O shell) to decide time for amplification
- Strong pre-collapse fields ~10<sup>12</sup>G may be present in some progenitors (merger products)

#### Putting it all together



### Current Status of 3D Explosion Models: An Emerging Consensus?

Monash & MPA groups



#### Black Holes in the Wrong Mass Range?



Burrows, Wang & Vartanyan (2024): Black holes in progenitors of **moderate** mass



Figure 6. The progenitor detections are marked with error bars (data from Table 1 and the limits are marked with arrows (data from Table 2). The lines are cumulative IMFs with different minimum and maximum masses.

Cumulative distribution function of inferred progenitor masses from Smartt (2015)

- More large model sets by different group required
- Possible tensions with observations?
- **Robust:** Neutrino-driven explosions possible in 3D
- Not yet robust: Range of explosions from 3D models

## **Explosion Properties – Tentative Picture**



- Models explain correlation between progenitor mass and explosion energy
- Up to 10<sup>51</sup>erg achievable for explosions from red supergiants (Bollig et al. 2021)
- Nickel masses ≤0.09M<sub>☉</sub> roughly compatible with observed range in SNe IIP
- Kicks up to ~1000km s<sup>-1</sup> and spin periods between 1s and ~10ms as observed

#### Magnetic Fields in Neutrino-Driven Supernovae



### **Black-Hole Forming Explosions**



- Sufficiently developed explosions can avoid complete fallback after black hole formation and produce kicked and rotating BHs (Chan et al. '18, '20, Rahman et al. '22, Janka & Kresse '24, Burrows et al '25)
  - $\rightarrow$  Important for LIGO systems black holes in former "mass gap"
- Sensitivity to equation-of-state physics and neutrino transport must be better explored
- Implications for multi-messenger astronomy will be challenging to model

## Magnetorotational Explosions



Moesta et al. '14



Powell et al. '23

- Many 3D simulations now available
- Differences in outcomes despite similarities (r-process vs. no r-process...)
- Uncertainties in progenitor structure remain *critical*
- Code comparisons being performed but this process is tedious in 2D/3D!

## **Pipeline Losses**



- Development and automation of pipeline tools is **not** complete
- Accumulation of uncertainties limits first-principle approach, especially with current tools
- Long-range development must not be neglected

Simplified part of "ideal"

modelling pipeline

- Replication, model ensembles, integrated teams, and a continuum from high-end simulations to reduced models become more important
  - $\rightarrow$  Requires adaptions to organisation and publication culture

# Conclusions

- Many of the *components* of the physics behind shock revival and the explosion dynamics are well understood.
- 3D explosion models are now routine for many groups, but this does not mean the problem is solved.
- Many uncertainties (progenitor structure...) and hidden assumptions (transport treatment...) are baked into the multi-physics supernova problem.
- Important to consider how supernova modelling needs to evolve technically and organisationally to make further progress and aid gravitational wave and multimessenger astronomy.